



Welcome to the Flourishing Families Program: Supporting Families with Children with Diverse Needs

At Pacekids, we recognize the distinctive challenges that families encounter while caring for a child with diverse needs, and we focus on supporting both the development of the child, as well as the functioning and development of the family unit.

About Flourishing Families:

The Flourishing Families Program (FFP) is tailored to support children aged 5-12 (or older, depending on diagnosis and developmental stage), their primary caregivers, siblings (from birth to 17 years old), and their extended community. Our goal is to break barriers between these groups and build a natural support network.

Our focus extends to families who may encounter challenges accessing existing programs because of cultural, language, work-related, or financial constraints.

Our Offerings:

1. **Facilitated Group Discussions:** Engaging and informative sessions covering topics pertinent to caring for children with diverse needs and navigating healthcare and social service systems. These discussion groups will be facilitated by individuals with lived experience as a parent to a child with diverse needs (for the caregiver group) or lived experience as a sibling to a diverse need child (for the sibling group).
2. **Play-Based Learning:** Fun and enriching activities designed to cater to children with diverse needs and their siblings. These activities promote socialization and the development of functional living skills. This learning will be overseen by a Behavioral Strategist.
3. **Peer Support Groups:** Safe spaces for caregivers, siblings, and children with diverse needs to connect, share stories, seek advice, and build a supportive community.
 - a. **Caregivers Group:** An opportunity for primary caregivers to connect and provide support to one another.
 - b. **Siblings Group:** A chance for siblings of children with diverse needs to interact with peers facing similar circumstances.

Program Delivery:

The program operates in cycles, running twice a week for one month, starting in July. Each cycle accommodates around 15 families and covers topics such as self-care, healthy advocacy, coping with feelings, stress management, and resource navigation. Sessions are available in multiple languages, including English, Urdu, Tagalog, Spanish, and more, with interpreters available when needed. We also schedule sessions during evenings and weekends to accommodate working caregivers and siblings attending school.

If you're interested in joining the Flourishing Families Program or learning more, please don't hesitate to contact us today by calling 403-234-7876 or [filling out our inquiry form](#). We're here to support you every step of the way.

Interested volunteers with experience working with families or children with diverse needs are also welcome. Fill out our [volunteer inquiry form](#) to learn more.